

# The Link

# LENT

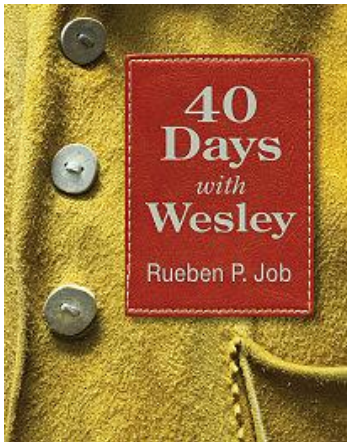
A TIME TO PREPARE

# MARCH 2017

## The Newsletter of First United Methodist Church, Buckhannon WV

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### LENTEN JOURNEY BEGINS...



40 DAYS WITH WESLEY by Rueben P. Job (author of Three Simple Rules) is a Daily Devotional Journey. The daily pattern contains: A Prayer of Presence, Scripture, First Wesley Reading, Reflections, Second Wesley Reading, Time for Silent Reflection and Journaling, and a Blessing. Here's how the journey goes...Begin with the daily readings on Ash Wednesday, Mar. 1, and read a daily devotion per day, excluding Sundays. We will gather together on Wednesday, March 8, 7 PM to 8 PM (and every Wednesday at the same time through Holy Week) in Godwin Hall to share in community and any special insights gained during the previous week's journey. Make this Lenten Season a season of personal growth and a Lenten season to remember. Books will be available before Sunday, Feb. 26.

### Lenten Lunches



All are welcome for our annual Lenten Lunch series! A light lunch is provided with baskets available for donations. The program includes music and a guest speaker each week at 12 noon in Godwin Hall and lasts a maximum of one hour.  
Music provided by Brett Miller.

Date	Speaker	Lunch Provided By
Mar. 8	Patrick Traxler	UMW Afternoon Circle
Mar. 15	Rev. Cyril & Felicia Johnston	UMW Morning Circle
Mar. 22	Heather Moore	UMW Night Circle
Mar. 29	Rev. Chris Scott	Micah Outreach Team
Apr. 5	Rev. Roy Mick	United Methodist Men

### Ash Wednesday Worship

*Upsbur Cooperative Parish  
Wesleyan District United Methodist Church*

Prepare your heart to receive God's LOVE as you begin the journey through the Lenten Season toward the Cross and Resurrection



### CHILDCARE AVAILABLE!

*March 1st, 7 pm  
First United Methodist Church  
Corner of Latham and S. Florida  
Speaker: Rev. Mary Ellen Finegan,  
District Superintendent  
Worship & Imposition of Ashes*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MARCH 2017</b>			<b>1</b> Ash Wednesday + Exercise Group - #18E 9:00 am Ash Wednesday - Sanc 7:00 pm	<b>2</b> + Overeaters Anonymous-#22E 5:30 pm	<b>3</b> + WVWC Spring Break begins	<b>4</b> + Casto Baby Shower 11:00 am - 5:00 pm
<b>5</b> + Sunday School 9:30 Worship - Sanctuary 10:40 am UMW - GFH 2:00pm Boy Scouts-Scout Room 7:00 pm	<b>6</b> + Exercise Group - #18E 9:00 am	<b>7</b> + Early Birds - Library 8:00 am Chancel Choir 7:00 pm	<b>8</b> + Lenten Lunch - GFH 12pm Exercise Group - #18E 9:00 am Lenten Study - GFH 7pm	<b>9</b> + Overeaters Anonymous-#22E 5:30 pm Church Night Out 6:00 pm	<b>10</b> +	<b>11</b> +
<b>12</b> Daylight Savings Time Begins Sunday School 9:30 a Worship - Sanctuary 10:40 am 	<b>13</b> + Exercise Group - #18E 9:00 am (edit) Witness – The 88 - 6pm Nurture – Audreys - 7pm	<b>14</b> + Early Birds - Library 8:00 am Chancel Choir 7:00 pm	<b>15</b> + Lenten Lunch - GFH 12pm Exercise Group - #18E 9:00 am Morning Circle - Fleming Lounge 9:30 Afternoon Circle - Fleming Lounge 1:30 p Lenten Study - GFH 7pm	<b>16</b> + Lions Club Dinner Overeaters Anonymous-#22E 5:30 pm Grow Team - GFH 6:30 pm	<b>17</b> St. Patrick's Day "Despicable Me" Movie GFH – 6pm 	<b>18</b> + Scrapbooking - GFH – 10am
<b>19</b> + United Methodist Men - GFH 8:00 am Sunday School 9:30a Worship - Sanctuary 10:40 am Micah Meal - GFH 12:00 pm	<b>20</b> + Exercise Group - #18E 9:00 am Outreach - #21E – 6pm Cub Scouts-GFH 7:00 pm	<b>21</b> + Early Birds - Library 8:00 am Chancel Choir 7:00 pm	<b>22</b> + Lenten Lunch - GFH 12:00 pm Exercise Group - #18E 9:00 am Lenten Study - GFH 7 pm	<b>23</b> + Overeaters Anonymous-#22E 5:30 pm	<b>24</b> +	<b>25</b> + Self Defense Class At Stockert 12:30pm
<b>26</b> + Sunday School 9:30a Worship - Sanctuary 10:40 am Disciple Me - GFH 4:00 pm	<b>27</b> + Exercise Group - #18E 9:00 am	<b>28</b> + Early Birds - Library 8:00 am Chancel Choir 7:00 pm	<b>29</b> + Lenten Lunch - GFH 12:00 pm Exercise Group - #18E 9:00 am Lenten Study - GFH 7pm	<b>30</b> + Overeaters Anonymous-#22E 5:30 pm	<b>31</b> +	

**MARCH BIRTHDAYS**

- 3** William Wimer
- 4** Jeanne DeFoe
- 5** Delma Iden
- 8** Mikinna Poling
- 10** Madora Wildman
- 11** Marilyn Clarke  
David Cartwright
- 12** Keri Phillips
- 14** David Petrosky  
Janet Chandler

- 16** Rose Ellen Loudin  
Woody Martin
- 18** Susie Godwin
- 20** Pat Kennedy
- 22** Ron McCauley
- 23** Brenda Connell
- 24** Robynn Shannon
- 26** Sherrie Walsh
- 30** Harry Ferrell  
Nate Kennedy
- 31** Sarah Frush

**MARCH is "Household Cleaning Supplies" Month, the monthly collection for the Parish House & sponsored by the Micah Outreach Ministry Team. Please leave your gift in Linger Hall on Sunday or leave at the church office. Individual/small-size household cleaning supplies such as all-purpose cleaner (Fantastic, 409, Spic n Span, Pine Sol), white vinegar, baking soda, sponges, buckets, dishwashing liquid, and large size boxes of powdered laundry detergent.**



FUMC delivers Valentine Cookies to local service organizations!

### FROM THE LIBRARY



*The church library is always open. You are welcome to browse through the books at any time, and borrow one to read at home. Just sign the*

*card in the back of the book and leave it on the desk. Here's some good reading:*

**“God is a Horseman”**  
*By Christie Halle Devlin*

“Parables for the spirit of the horse and the soul of the human” was written by Christie Halle Devlin, daughter of Judy Halle, a member of our church family. Many of the beautiful photographs were taken by Susan Rice, also a member of our church family. Through her love of horses, and her work as a horse trainer, Christie explores two incredible relationships – man and horse, and God and man. The more Christie works with horses, the more similarities she sees between horses and people. She says in her book, “God is the kind of horseman who never misses a feeding, spends his last penny to keep his charges sound and happy, and expects the same sacrifice and love in return.”



### MARCH GREETERS

- March 5 – Pat & Greg Kennedy
- March 12 – Chris Scott & Kendra Sullivan
- March 19 – Gary & Paula McGrew
- March 26 – Ron Pugh & Morgan Gifford

### MARCH USHERS

Ben Crutchfield (head), Matt Hymes, Sandra McCutcheon, Jeff McDowell

### MEMORIALS

Gifts, in memory of Dick Heatherly, were made to the FUMC Higher Education Scholarship Fund, by Phil & Lynne Petrosky, David & Harriet Peters, Jim & Betsy Levier, Sue Boring, and Harold & Sylvia Elmore.

A gift, in memory of Dick Heatherly, was made to the FUMC Memorial Fund by Tony & Mary Gum.

Gifts, in memory of Barbara Watts, were made to the FUMC Memorial Fund by Elizabeth Zane Chapter NSDAR and BU Class of '52.

Margaret Walls made a gift, in memory of Dick Heatherly, Barbara Watts, & Sarah Wallace, to the FUMC Higher Education Scholarship Fund.

**CHURCH NIGHT OUT**  
*Good food and fellowship with fellow church family members!*  
**Thursday, March 9th at 6 pm**  
**(or whenever you are able to arrive)**  
**at The 88 Restaurant.**

### Coming Soon – Save the Date!

**River Trail Prayer Walk**  
**Sunday, April 30 ~ rain or shine**  
**Meet at the boat ramp at 6 pm**  
**(more information available soon)**



## UNITED METHODIST WOMEN

The February program, "A Learning Community: Literacy Volunteers", provided members an update on current needs in the community and how we can help. Kendra Sullivan explained the process of becoming a tutor, the types of students needing services, and other ways to help the organization. Literacy Volunteers can always use monetary donations as well as office supplies. There is a waiting list of students in need of tutoring, so your talents could be put to use right away after a few hours of training.

In January and February many members made a pledge to our local unit. This pledge money is combined with funds raised throughout the year to support local organizations including Crosslines, Upshur Parish House, and Women's Aid in Crisis, Literacy Volunteers, Burlington Homes, Upshur Helping Hands, and the Pastor's Discretionary Fund. A portion of local funds is sent to the district organization as a Pledge to Mission, then on to the conference, and finally the UMW National Office. Funds are used for service and advocacy in over 80 countries on behalf of women, children, and youth.

A Governor's Inn hosted the evening circle's February meeting. Dessert and hot beverages were served in the dining room beside a cozy fire in the fireplace. During our visit we learned this Victorian mansion was built by Daniel Farnsworth after he served as West Virginia's second governor. Charla and Jack Reger are the current owners.

During March all three circles will be assisting with Lenten Lunches: March 8, afternoon; March 15, morning; March 22, evening circle. All proceeds collected go to a mission of that circle's choice. Executive Board will meet March 2, 4:30 p.m., in the Board Room. Our unit meeting, "Prayer and Self Denial" by Patty McComas, is March 5, 2 p.m., in Fellowship Hall.



*Evening Circle visits A Governor's Inn*

### UMW CIRCLE SCHEDULE

#### Morning Circle

– Wednesday, Mar. 15 – 9:30 am –  
Fleming Lounge - Program: Lenten  
Lunch prep & serve



#### Afternoon Circle

–Wednesday – Mar. 15 - 1:30 pm



#### Evening Circle

Wednesday, Mar. 22 - Lenten Lunch  
prep & serve



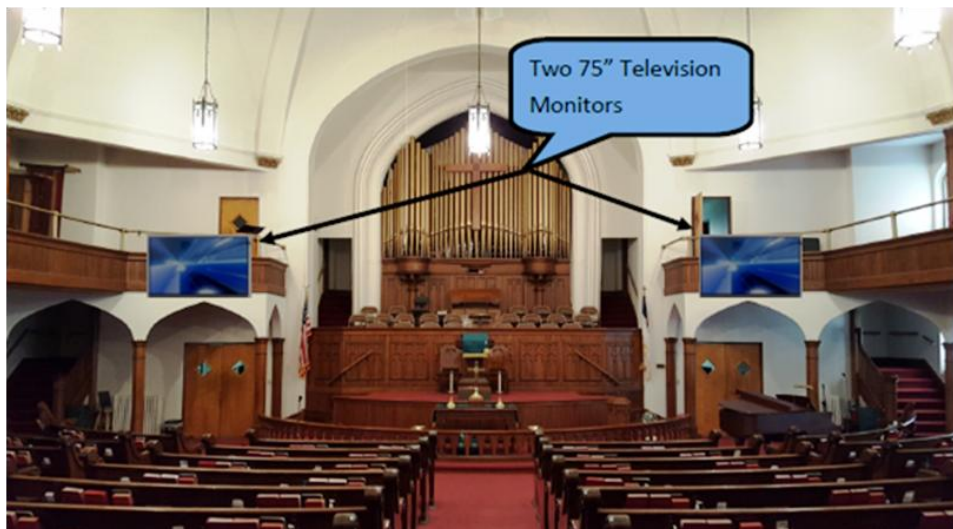
*A Governor's Inn*

[United Methodist Women](#) (UMW) is a faith-based membership organization of laywomen within The United Methodist Church. UMW members are committed to growing as disciples of Jesus Christ in community with other women and advocating on behalf of women, children and youth around the world. United Methodist Women has been in mission for more than 140 years.

**DAYLIGHT SAVING TIME 2017  
IN WEST VIRGINIA WILL  
START AT 2:00 AM ON  
SUNDAY, MARCH 12**



## HERE WE GROW AGAIN!



In Fall, 2015, we were able to complete Phase 1 of the Audio/Visual project for the Sanctuary through a gift designated for that very purpose. Although, at the time, we had only enough funds to complete the Audio phase of the project, and in the effort to conserve reserve funds, the visual portion of the project was put on hold. But, to gain information, Church Council asked some individuals to explore the possibilities. The possibilities were presented but still, the need to conserve reserve funds remained and no further action was taken. And then, just before Christmas, 2016, an

anonymous donor gave to First Church two 75" monitors, one for each side of the sanctuary and two small monitors for the Choir Loft along with the needed installation equipment. This is our best option which was recommended by the Creative Audio/Visual Group who did the sound installation, eliminating drop-down screens and projectors with computer driven TV screens that still maintains the aesthetic decorum of the Sanctuary. Following the gift, the Board of Trustees recommended to the 2016 Charge Conference to accept the gifts of visual equipment and move forward with the completion of the original Audio/Visual project. We are grateful to accept the additional equipment and have the capacity for projecting announcements, photos, video conferencing, and other video presentations in the Sanctuary.

### SHROVE TUESDAY Pancake Dinner



February 28  
 Hosted by Young Adults Group  
 5-7 pm in Godwin Fellowship Hall  
 \$7 per person  
 Benefits FUMC Mission Projects!  
**BRING A FRIEND FOR PANCAKES,**

**SAUSAGE AND MORE!**

**GLUTEN FREE AVAILABLE.**

### ORDER YOUR EASTER FLOWERS NOW!

It's time to think about flowers for Easter Sunday. We will once again order plants from Feola's Flowers. To place your order, please fill out the form below and return to the church office by April 10th. We ask that you pay for your flowers when ordered.

FLOWERS	NO.	IN MEMORY/HONOR OF
Lily - \$17.50		
Tulip - \$25.00		

NAME: \_\_\_\_\_

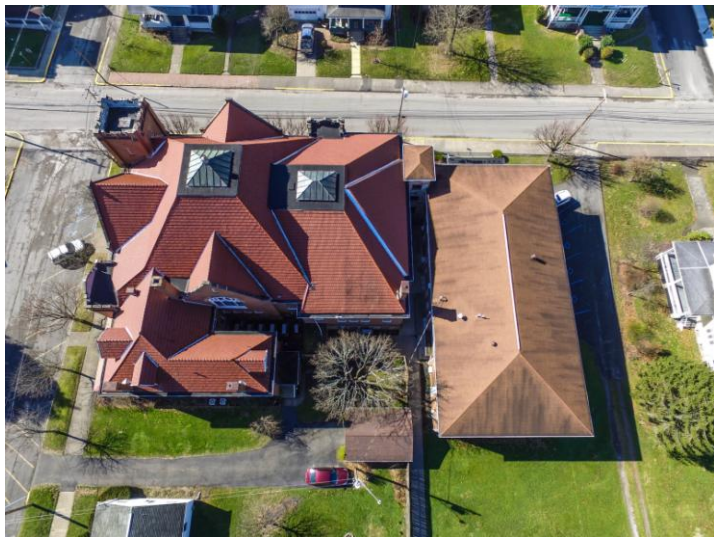
Amount Enclosed: \_\_\_\_\_



## BOARD OF TRUSTEES REPORT

The Board of Trustees is continuing to meet and plan for church maintenance and repairs. As you know, the repairs to the plaster on the wall of the sanctuary balcony are not yet complete. We think that the roof leak that caused the damage has been repaired. We have been advised by the plasterer that it would be best to wait until late spring to finish the repair. That will allow us to be reasonably certain that the leak won't recur.

We have discussed some other projects, such as repair to the ceiling in the choir room, lighting repairs and repairs to the sidewalk along Meade Street. We will continue to try to keep our beautiful church in good condition. If you know of other issues, please contact a trustee member.



*A view from above, photo courtesy of Pat Traxler*

## A LOOK AHEAD



**MAUNDY**  
*Thursday*

A quiet and contemplative time of scripture, prayer, and music, all focusing upon Holy Communion. Come as you are to gather with others and to share with Christ the meal prepared for you. Maundy Thursday Vespers begins at 7 PM in the Sanctuary.

**Our theme is Secret Weapon!**

# DISCIPLE ME

FOLLOWING JESUS FAITHFULLY

(based on the Despicable Me movies)

\*Fun for children through 8<sup>th</sup> grade\*

March 26 4 – 5:15 pm

Godwin Fellowship Hall

Pizza for everyone!

Bring a friend! All are welcome!

**Special Announcement!**

We've had several requests . . .  
the movie "Despicable Me" will be  
shown in

Godwin Fellowship Hall at 6 pm on  
Friday, March 17.

Join us for a great movie, pizza, popcorn  
and fellowship.

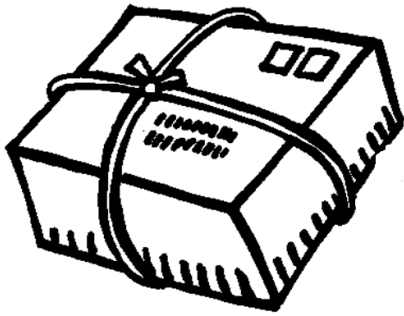
All are invited and welcome!



*Gru & a Minion*



### College Care Packages



We will soon be sending our spring care packages to our FUMC college students currently studying away from home. We will send 10 boxes and therefore need 10 of the same item to go in each box. Items are due to Kristi no later than March 26. Possible items to donate include snacks, lip balm, gum, fruit snacks, tissue packs, post-it notes, highlighters, pens, mechanical pencils, drink flavor packets for bottles of water, tea bags or hot cocoa packets, gluten free items, etc. *Thank you for sending a bit of home to our college students!*

### Care Packages for Military Personnel Away from Home –

We will also prepare care packages for our FUMC military service persons. Financial donations will be accepted for these items as they are more specific. Any gifts may be given to Janet or Kristi. We have addresses for Justin Kennedy and Steven Wilson. If you know of others, please give the mailing address to Kristi. For questions or more information, contact Regina Atkins (304-472-1045).

### March Meetings:

Witness at the 88 Restaurant, 6 pm, March 13

Nurture at Audrey's Restaurant, 7 pm, March 13 (arrive early if you would like to have dinner)

Outreach at FUMC Room #21, 6 pm, March 20

### SELF-DEFENSE CLASS

Saturday, March 25

12:30 pm at Stockert Youth Center

for women and men, 12 years and older

Taught by Sensei Larry Carter – 32 years of experience,

5<sup>th</sup> Degree Black Belt and Shotokan Master

\$10 per person

*100% of all funds support the Davis Memorial Cancer Care Patient Assistance Fund for West Virginia cancer patients and their families with financial needs, in memory and honor of Larry's wife, Linda*

No pre-registration needed; contact Larry with questions (304-613-8676).

Let Cheryl Reger know if you plan to attend (304-472-0359) – We hope to have a group from FUMC participating!



# Upshur Cooperative Parish



## March Micah Meal

Sunday, March 19

12 noon after worship in Godwin Hall

Bring a large salad or casserole to share.

(No salad dressings are needed - there are plenty in the fridge.)

Donations benefit Parish House Builders Club  
for a new heating & cooling system at the Clothes Closet.

**NOTE:** *The Micah Outreach Team has a goal of  
contributing*

*\$1,000 to the furnace and A/C project.*



<b>2017 Lenten Calendar:</b> Lent is the liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of Christ's Resurrection and Easter. Lent reflects the forty days Jesus spent in the desert fasting and praying.			<b>March 1</b> Attend an Ash Wednesday Worship Service.	<b>March 2</b> Choose a Lenten offering of prayer, sacrifice and fasting.	<b>March 3</b> Share a meatless meal with family and friends.	<b>Mar 4</b> Hang an image of a vase labeled 'Lent,' draw a flower each day, watch Lent blossom.
<b>March 5</b> Determine what needs moved aside in daily life to truly experience Jesus during Lent.	<b>March 6</b> Put a cross in each room of your home to help keep you focused during Lent.	<b>March 7</b> Recite The Lord's Prayer slowly, meaningfully & discover the beauty of the prayer Jesus taught.	<b>March 8</b> Visit a friend or neighbor. When we visit someone lonely, we visit Jesus.	<b>March 9</b> Resolve to say only positive things about yourself today.	<b>March 10</b> Pray for the people of the world who cannot afford meat as a regular part of their diet.	<b>March 11</b> Turn off the television, phone, and other devices - spend a half hour in prayer.
<b>March 12</b> Take stock of how your Lenten journey is going and refresh your commitments.	<b>March 13</b> Ask Jesus to heal whatever separates you from feeling God's bountiful love.	<b>March 14</b> Donate stuffed animals or soft pillows to a nursing home for residents to hug.	<b>March 15</b> Wear deep purple clothing or a ribbon, recognizing the season of Lent.	<b>March 16</b> Read & renew your commitment to the 10 Commandments (Exodus 20).	<b>March 17</b> Skip eating meat today and give the money saved to charity.	<b>March 18</b> Sit in silence for a bit pondering "Let's turn our hearts to God & think of Him."
<b>March 19</b> Take one idea from today's scripture lesson or sermon to implement in the coming week.	<b>March 20</b> Plan to show kindness and compassion to someone tomorrow (and then do it).	<b>March 21</b> Look for evidence of God at work in your life today.	<b>March 22</b> Examine your conscience and resolve to make amends as needed.	<b>March 23</b> Read one of the four Gospels in its entirety (Matthew, Mark, Luke or John).	<b>March 24</b> Fast from a bad habit or obsession today.	<b>March 25</b> Make cookies or other treats; take them to first responders or a local service group.
<b>March 26</b> Do something fun with family or friends after worship.	<b>March 27</b> Go to a quiet place (away from your home) and pray.	<b>March 28</b> Resolve to go the entire day without judging or criticizing anyone.	<b>March 29</b> Pick one way to simplify your lifestyle to make more room for God.	<b>March 30</b> Pray for victims of violence and war around the world.	<b>March 31</b> Enjoy pretzels today and ponder their Lenten symbolism of prayer and penance.	<b>April 1</b> Send a card to someone who might need some cheering up.
<b>April 2</b> Look around your neighborhood for signs of new life.	<b>April 3</b> Wake up an extra 15 minutes today and spend that time in prayer.	<b>April 4</b> Think of someone you don't like and find/say three nice, positive things about him/her.	<b>April 5</b> Think about a way in which you might have betrayed Jesus and ask for forgiveness.	<b>April 6</b> Make a conscious effort to see everyone with loving eyes.	<b>April 7</b> Make a simple cross out of paper and write "He died for me" on it.	<b>April 8</b> In preparation for Holy Week, renew your commitment to your Lenten offerings.
<b>April 9</b> Write a letter to Jesus thanking Him for his sacrifice on the Cross.	<b>April 10</b> Forgive someone who hurt you and did not ask for forgiveness.	<b>April 11</b> Volunteer and perform an act of service for a person or organization in need.	<b>April 12</b> Write a thank you note to someone expressing gratitude for their role in your life.	<b>April 13</b> Attend a Maundy Thursday Worship Service, pondering The Last Supper.	<b>April 14</b> Attend a Good Friday Worship Service, pondering The Crucifixion.	<b>April 15</b> Pray for increased strength and renewal of your faith and that of your family and friends.



**Church Women United  
World Day of Prayer  
Tennerton United  
Methodist Church  
Friday, March 3, 2017  
1:30 p.m.**

## Looking Ahead to Holy Week

April 9 – Palm Sunday with Children's Procession, 10:40 am

April 9 - Easter Egg Hunt for Children through 5th Grade, 12 noon

April 13 - Maundy/Holy Thursday Vespers, 7 pm

April 14 - Good Friday Service of Darkness, 7:30 pm

April 16 - Easter Worship, 10:40 am

**BUCKHANNON LIONS CLUB  
TASTE OF ITALY DINNER**

*Baked Ziti, Chicken Parmesan  
Pasta Marinara, Italian Sausage  
Vegetable Lasagna  
accompanied by Focaccia bread,  
salad, beverages, and a variety of  
desserts*



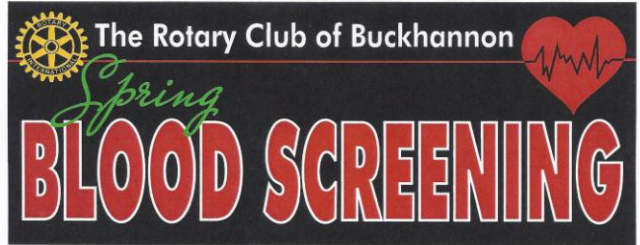
**Prepared by Chef Dale Hawkins  
of Fish Hawk Acres**

Thurs., March 16, 4-7 p.m.

Godwin Fellowship Hall

Adults \$12      12 & under \$5

Advance tickets available at  
Fish Hawk Market,  
5 W. Main St.



Blood Screening & Results Provided by St. Joseph's Hospital

**Saturday APRIL 1st  
& Saturday APRIL 8th**

**B-U Middle School  
and  
Tri-County Health Clinic**



**6:30am until 10:00am**

**BASIC BLOOD PROFILE TESTS  
\$35**

WVU Medicine  
ST. JOSEPH'S HOSPITAL

Community Care



**No Appointments Necessary**  
fasting for 12 hours is required prior to testing  
Questions? Call 473-2138

**BASIC BLOOD  
PROFILE TESTS**

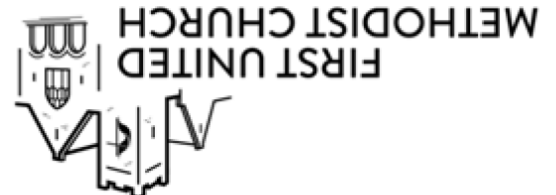
*\*Tests only available to those  
age 5 and above*

Optional testing available  
with basic profile:

- TSH (Thyroid) - \$5.00
- Colon Cancer Screen - \$5.00
- Hemoglobin A1C  
(for Diabetes): \$15.00
- PSA (men only) - \$20.00

**It's Easy...All you do:**

1. FAST for 12 hours  
before test
2. Cash or personal check  
accepted
3. Test results mailed to  
your home or your  
physician



FIRST UNITED  
METHODIST CHURCH

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