

The Link

SEPTEMBER 2014

The Newsletter of First United Methodist Church, Buckhannon

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FIRST UNITED METHODIST CHURCH

Celebrates

Christian Education

Sunday

SUNDAY, SEPTEMBER 7, 2014

Teacher/Worker Recognition during
Morning Worship

Cake and Punch Reception following worship in
Linger Hall celebrating Christian Education,
teachers, workers, and participants.

And Bring a FRIEND!

The Purpose of Christian Education

Through Christian education we invite people and communities of faith to be transformed as they are inspired and challenged to:

- +Know and experience God through Jesus Christ
- +Claim and live God's promises, and
- +Grow and serve as Christian disciples.

See page 8 for Sunday School Class descriptions



**Save Friday, September 12,
for the best spaghetti
in town!**

**Once again we will be
presenting a delicious dinner
including spaghetti and meat
sauce, salad, bread, drinks
and a choice of home-made
desserts all for \$8.00 for
adults and \$3.00 for children
under twelve years. Children
under two eat free. Proceeds
from the dinner go to
Crosslines.**

**Plan to join us for this
annual event.**



THE POPE'S 10 TIPS FOR HAPPINESS

1. Live and let live. It's an echo of the Pope's earlier remark on gays: "Who am I to judge?" Moreover, it's what Jesus said in the Sermon on the Mount: "Judge not, unless you want to be judged yourself." (Matthew 7:1)
2. Give yourself to others. That is, give your money and your time to those in need. Don't just sit around like stagnant water. Give all you have and then some.
- 3 Move quietly in the world. The Pope quotes from a favorite novel by an early 20th-century Argentine writer, Ricardo Güiraldes, in which the novelist writes that in one's youth, a person is "a rocky stream that runs over everything," but as one gets older, one becomes "a running river, quietly peaceful." It's very like the Native American suggestion that one should walk "in balance and beauty" on the ground, making the least disturbance.
4. Enjoy leisure. The Pope says that consumerism has brought with it unbearable anxieties. So play with your children. Take time off. And don't spend all your time thinking about your next acquisition. Spend your time well, not your money.
5. Sunday is for families. This is actually one of the Ten Commandments. Honor the Sabbath. (Exodus 20:8) Once a week, give a whole day to meditation, worship, family life, tending the needs of the spirit. This is healthy living.
6. Find jobs for young people. Who would have guessed that job-creation would be on list for happiness? But the Pope is right. Honest, simple work for young people is essential to their well-being. Somewhat surprisingly, in this moment in the interview, the Pope connected job creation to the degradation of our environment: "the tyrannical use of nature." He links the lack of good jobs to the lack of respect for ourselves and the Earth itself. So creating jobs doesn't mean ruining the environment. It doesn't mean, as the politicians chant, "jobs, jobs, jobs." Good and productive labor is valuable, and it doesn't mean you have to have a fancy job description. You don't have to become rich. You can be ordinary. Happiness lies there. Do good work, create good work for others.
7. Respect nature. This follows from No. 6. "Isn't humanity committing suicide with this indiscriminate and tyrannical use of nature?" the Pope wonders. Not surprisingly, this is what Henry David Thoreau, a founding father of the environmental movement, said. "Most people live lives of quiet desperation," he said. He went into the woods, to Walden Pond, because he wanted "to live deliberately" and to "front only the essential facts of life." A proper respect for nature means that you can't pollute the air, poison the rivers and chop down the forests indiscriminately without suffering greatly. I suspect that a huge amount of the anxiety and suffering that we see around can be closely traced to our wanton misuse of our resources. Just look at any garbage dump and see what is wasted. In a sense, we've wasted our souls.
8. Let go of negative things quickly. The Pope tells us not to complain about people who annoy or frustrate us, to let go of things as rapidly as we can. I have an old friend who used to say, "Put the bad things in your back pocket and leave them there." This may sound like escapism or putting your head in the sand, but it's more interesting than that. Life throws rotten things our way each day. People say nasty things to us, often about others. This stuff makes them miserable, of course. It makes us miserable, too. Flush it.
9. Don't preach your religion too forcefully. Proselytism brings on paralysis, the Pope tells us. Wow. I'm a Christian myself, and I don't mind saying so. But each person sees the world before them in his or her own way. The Pope says this. As a teaching, it seems to run counter to the so-called Great Commission (Matthew 28:16-20). Jesus said to get out there and spread the word. But the Pope takes a relaxed view of this activity, preferring that we should teach by example. Perhaps that really is what Jesus would do?
10. Work for peace. The Pope has preached this message from the beginning of his time as pontiff. He has gone to Jerusalem and worked to bring together Jews and Palestinians. He has prayed for peace and worked for peace. He has listened closely to Jesus, who said, "blessed are the peacemakers."



HEIFER INTERNATIONAL – THE GIFT THAT KEEPS ON GIVING

September 21's Micah meal and the loose change offering will go to Heifer International whose mission is to work with communities to end world hunger and poverty and to care for the Earth.

Dan West was a farmer from the American Midwest and member of the Church of the Brethren who went to the front lines of the Spanish Civil War as an aid worker. His mission was to provide relief, but he soon discovered the meager single cup of milk rationed to the weary refugees once a day was not enough. And then he had a thought: What if they had not a cup, but a cow?

That "teach a man to fish" philosophy is what drove West to found Heifer International. And now, nearly 70 years later, that philosophy still inspires our work to end world hunger and poverty throughout the world once and for all.



HOW IT WORKS



We empower families to turn hunger and poverty into hope and prosperity – but our approach is more than just giving them a handout. Heifer links communities and helps bring sustainable agriculture and commerce to areas with a long history of poverty. Our animals provide partners with both food and reliable income, as agricultural products such as milk, eggs and honey can be traded or sold at market. When many families gain this new sustainable income, it brings new opportunities for building schools, creating agricultural cooperatives, forming community savings and funding small businesses.

The core of our model is Passing on the Gift. This means families share the training they receive, and pass on the first female offspring of their livestock to another family. This extends the impact of the original gift, allowing a once impoverished family to become donors and full participants in improving their communities.

The goal of every Heifer project is to help families achieve self-reliance. We do this by providing them the tools they need to sustain themselves, and it's thanks to the generosity of donors like you.



The new *Kroger Community Rewards Program* looks to make things much simpler for our work team supporters ... once registered, a supporter merely swipes their Kroger PLUS card to help earn reward funds for the work team.

Once Upshur Helping Hands is enrolled in the program, we'll share the information on how supporters can register their Kroger PLUS cards with the UHH account, and will offer assistance.



MICAH/OUTREACH TEAM VEGETARIAN RECIPE

POTATO PANCAKES WITH CARROT-SPINACH-TOMATO SALAD

There are many recipes for potato pancakes, but this one makes it oh, so simple to do. This recipe would make a nice luncheon or a light supper. Serves 4.

Potato Pancakes

½ cup olive oil for frying
1 tsp. salt
Freshly ground black pepper to taste
2 eggs
1 (20 Oz) bag frozen shredded hash brown Potatoes (4 cups)
2 green onions, thinly sliced

Carrot-Spinach-Tomato Salad

1 TBS. fresh lemon juice
1 TBS. extra virgin olive oil
¼ tsp. salt
1 package (10 oz.) shredded carrots
Fresh spinach leaves as desired
Grape tomatoes



1. Preheat oven to 250 degrees. Line cookie sheet with paper toweling. In a 12-inch skillet, heat oil over medium-high until very hot.
2. Prepare pancakes: In medium bowl, mix salt, pepper & eggs; stir in potatoes & green onion. Drop mixture by scant ½ cups into hot oil to make 4 pancakes. With spatula, flatten each pancake to a 4-inch round. Cook until golden on both sides ... 5-7 minutes. With spatula, transfer pancakes to prepared cookie sheet to drain ... keep warm in oven. Repeat with remaining potato mixture.
3. While pancakes cook, prepare salad: In small bowl stir lemon juice, oil & salt until blended.
4. In salad bowl, combine carrots & spinach & halved grape tomatoes. Pour dressing over salad & toss to coat evenly (or use any dressing you might prefer).
5. Serve two pancakes with a dollop of sour cream on top, salad and a side of applesauce. Enjoy! CRC

OUR GREETERS: SEPTEMBER - DECEMBER

Sept. 7 – Mac McGraw, Billee Scott Mick
Sept. 14 – Steve & Kelley Tierney
Sept. 21 – Shea & Keri Phillips
Sept. 28 – Jake Reger, Helen Reger

Oct. 5 – Christa & Alex Edwards
Oct. 12 – Leonard & Brenda Wachob
Oct. 19 – Marty Kelley, Betty Weimer
Oct. 26 – Margaret Walls, Ellen Nickell

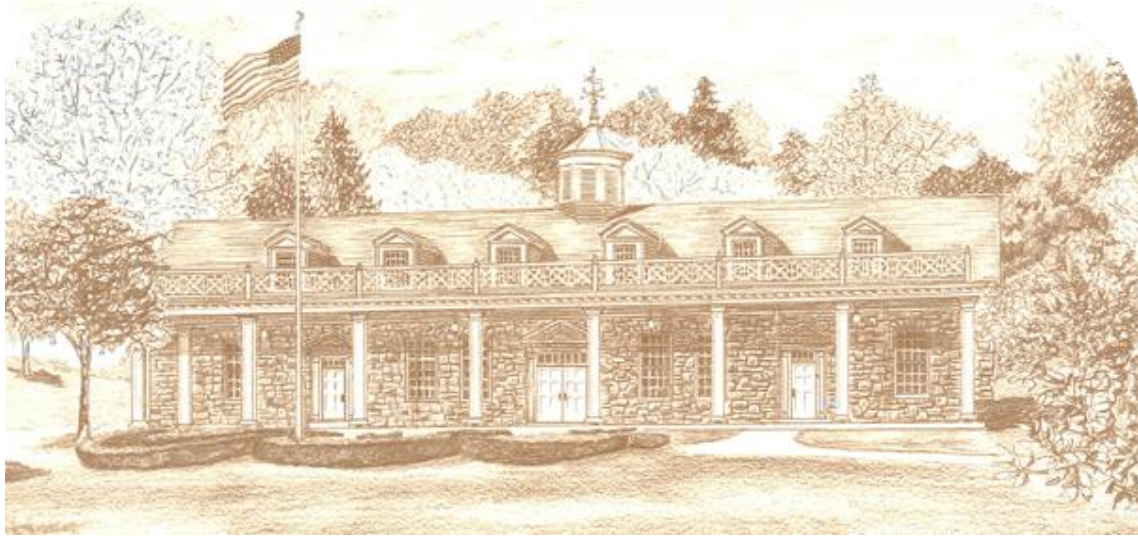
Sept. Ushers: Ben Crutchfield; Daniel, Matthew Bellamy

The picture to the right shows what happens when you eat a one-eyed monster! The children of the church, including Cher Green, had a blast at our recent Kids' Matinee, featuring "Monsters' University", along with pizza and "one-eyed" cookies!





Not Your Run of the Mill Gathering” – UNITED METHODIST MEN



This year we will once again gather at Jackson’s Mill in Weston, West Virginia for fellowship and worship! The dates are 5-7 September and we will host the Circuit Rider, a scouting events for Boy Scouts, Girl Scouts and Venturing Crews.

This year, our theme is “Not your run of the mill gathering”; and although we will continue to have some of the basic events we have had in the past, this year we have planned time for the United Methodist Men to interact with the scouts:

- Lunch with the scouting units, by invitation only, is an opportunity for the men to tell their faith stories and learn about what the scouting means to the scouts.
- The All Faith Chapel will be one of the stations of the Circuit Rider and scouts can visit this station to learn the history of the chapel.
- The campfire will be held in the amphitheatre this year. With 680 scouts attending the Circuit Rider last year, a new venue had to be found for the traditional campfire site. Skits will be performed, songs sung, and a Dr. Bruce Reed will be the speaker.

The traditional programs will also continue beginning with the golf outing on Friday morning, another wonderful time to fellowship and have fun!

Worship services will be held on Friday evening, Saturday morning, and a combined service, scouts and United Methodist Men, on Sunday morning with Bishop Sandra Steiner Ball preaching and serving communion.

This is also our annual business meeting which includes the election of officers and the Man of the Year, recognition of the ministries of the United Methodist Men groups within the conference and the golf outing awards. This will be a great event and I sincerely hope you will join us!



UNITED METHODIST WOMEN

The United Methodist Women of First Church welcomed 43 members of the church family and friends to the annual Sundaie Party on Thursday, August 7, 2014. Lillian Halverson and Esther Dyer took care of the arrangements and used an Olympic theme. We would like to thank Sandra McCutcheon, Naomi Lynch, Patty McComas, Esther Dyer and Lillian Halverson for their service and cleaning. The Sundaie Fellowship was excellent, as friends greeted and visited with each other.

5-6

JOIN US:

Come and join the UMW on Thursday evening, September 4, 2014 at 7:00 p.m. in Godwin Fellowship Hall. Sandra McCutcheon and Patty McComas will present a program about attending the UMW Assembly in Louisville, KY, "Assembly 2014, Make It Happen". Our 6000 women from around the world assemble to worship and show their talents and knowledge. The next assembly will be held in Columbus, OH in 2018. Hopefully, many women from our church will be able to attend.

COFFEE HOUR:

FUMC UMW will be providing a coffee Hour at the UMW District meeting on Saturday, September 20, 2014 at Broadstreet UMC. We will be calling on many of you to make breakfast desserts for the Coffee Hour. We appreciate the support of our church family.

WANTED:

Women to join United Methodist Women. Remember, you do not have to be a member of the church. Everyone is welcome to visit meetings or activities. If you have questions, please contact Patty McComas 472-7941.

DATES TO REMEMBER:

September 2 - UMW Executive Board – 12: 00 Noon
September 10 – Fall District Meeting
October 7 – UMW Basement Sale
October - Annual Meeting 2014
November 4 – District Day Apart Training
November 9 – UMW Sunday

MISSION U:

Formerly known as "The School of Mission Study", was held July 24 – 26, at WVWC. Phyllis Coston, Sarah Carr, and Patty McComas attended this outstanding conference.

The "How Is It with Your Soul" workshop was based on John Wesley's meeting at the beginning of the Methodist Church. Phyllis, Sarah and I agreed that this was an outstanding and informative workshop that made you think about your discipleship and service to the Lord.

The UMW restructured the 2014 Conference by having one study group and five small workshops that participants could attend.

United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

UNITED METHODIST WOMEN 12-HOUR BASEMENT



Set-up on Mon., October 6, 8am - ?
Selling Tues., October 7, 8am – 8pm
It's magic! The United Methodist Women can turn your unwanted STUFF into MONEY to support missions! Bring your clean used clothing, household items, knick-knacks, toys, etc., to the church any time after Monday, September 29th, until Monday morning, October 6th. Leave donations in the Choir Room or Godwin Fellowship Hall.



U Methodist Women Annual Sundae Party

United Methodist Women in Action



**UNITED METHODIST WOMEN
CIRCLE SCHEDULE**

◎ ————— ◎

Circle One – Wednesday, September 17 – 9:30 am – Fleming Lounge – Program “4-H Today” by Craig Presar

Circle Two – Wednesday – September 17 - 12:30 pm – Covered Dish at Wilda Godwin’s

Circle Three – Wednesday, September 17 -1:30 pm – Fleming Lounge – program by Lynn Rupp

Circle Five – Thursday, September 25 – 6:00 pm – Covered Dish Picnic at the home of Lynne Petrosky



WE HAVE A SUNDAY SCHOOL CLASS FOR YOU!!!!!!

The Wesley Class occasionally does special series, but we usually follow Adult Bible Studies, an official resource of the United Methodist Church designed to help adults understand the meaning and authority of the Bible for Christian life.

This fall ABS will offer a study with the theme “Sustaining Hope” as revealed several books of the Old Testament, including Isaiah, Jeremiah, and Job. The winter quarter will consider various acts of worship—e.g., praise, prayer, stewardship, serving others.

As class members arrive on Sunday, they catch up with recent happenings in one another’s lives. Next, those with concerns are invited to share them with the class. Then Leon Linger reads one of his poems, usually one written recently, but occasionally an older one if it pertains to class discussions, Christian tradition, or current world events.

Discussion begins with the class leader making a few introductory comments (no lectures) and asking a question or two to get us started. At that point, everyone is invited to participate and all opinions are welcome.

We would welcome new members bringing new insights into our faith. Though there is a wealth of Christian experience to draw on, as Tom Darnall says, the reason we attend is “to wise up.”

The class is led by Ben Crutchfield with Charlie Watts as substitute.

God’s Way Sunday School Class is made up from a broad reach of ages, from young adults to retired professionals. The group uses the Small Group process of beginning each session by sharing joys and concerns in a trusted community environment and prayer. There are moments of teaching, discussion of the material and selected Bible passages that are appropriate to the topics. Currently, **God’s Way** is using Max Lucado’s book, God’s Story, Your Story: When His becomes yours. There are focus areas within the material that have video presentations by Lucado. The class is led by Rev. Steve Meadows.

The College Student/Young Adult Sunday School class meets in the Kitchen each Sunday morning when WWC is in session for regular semesters. Class facilitators are Curtis and Kristi Wilkerson who prepare a bit of breakfast each Sunday for the class. Angela Gay Kinhead serves as a substitute teacher. All college students and young adults (ages 18 - ?) are invited to join us for discussion, food and fellowship!

The Little Disciples Sunday School Class is for children in grades kindergarten through the fourth grades. The class begins at 9:30 a.m. with prayer and a Bible School lesson.

The Program of Study is taken from the Cokesbury Literature and the Bible. Emphasis is placed on teaching the children how to use the Bible with the classroom literature. The classroom stories are based on Biblical characters and events from the Bible. The lessons are presented through storytelling, art, music, games, crafts, and discussions.

The children participate in designing and developing the bulletin board in the Education Building hallway. Children are encouraged to be involved in church services and programs: communion, plays, music, church celebrations and acolytes.

The Little Disciples chose their class name and seek to become good disciples and doing good deeds. We welcome all children to come and join us on Sunday mornings for fun, learning, and fellowship. The children are an outstanding group and have a great time.
Teacher: Patty McComas

The Inquirers Class is an intergenerational class which studies the lectionary. The lectionary is the study of four scriptures each week that other churches around the world are also studying. Many preachers use one of the scriptures as the sermon text. The scriptures are in a three year cycle. Each year the class reads one of the Gospels completely as well part of the Gospel of John.

Often Steve preaches from the lectionary and class members have a background for his sermon which is very helpful. As the name Inquires implies, this class likes to ask questions and discuss the scriptures and current issues as a result of the study. Everyone is free to give his/her opinion. We learn from each other.

Phyllis Coston teaches the class and the regular substitute teachers are K Almond, Greenbrier Almond, Sarah and Marvin Carr. The class welcomes everyone. We learn and grow together!

The Youth Class welcomes all Youth to gather for an hour of fellowship and reflection on life, faith and the latest happenings. We typically warm up with discussion and sharing of recent events, move into what’s in the future, and relate faith to life through lessons or reflection. It’s a very fluid hour of fellowship, so come by “on time” or “late”.

ADDITIONAL GROUPS



**Summer is over and it's time for UMY! @
First United Methodist Church
United Methodist Youth begins!
Sunday, Sept. 7, @ 7 PM to 8 PM
Regular program meetings including
discussion about life and faith and
spirituality (and some craziness too) with
Steve in a casual atmosphere...**

FIRST and THIRD Sundays of each month.

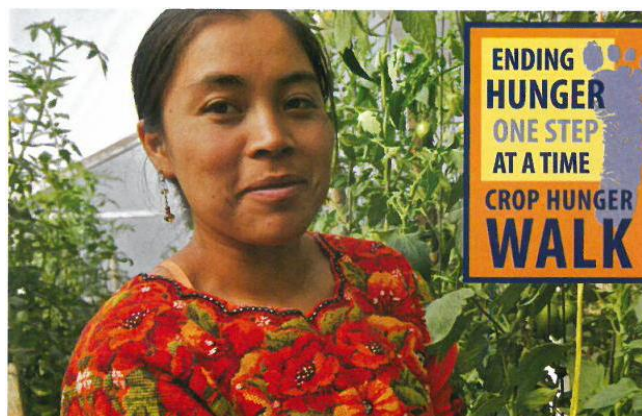
**Additional activities, retreats, special
events, and Lock-In's will be scheduled by
Cheryl Reger and others.
UMY includes ages Mid-Hi through High
School.
Bring your friends!**



**There will be a Grief Support Group starting on
September 4th at 3:30 PM at the home of Sherrie
Walsh. (786 Stony Run Road). Anyone wanting
to be a part of this group please let Sherrie
know. This is for people new to grief through
people that have a few years in and what to help
others. We will meet on the 4th and then decide
the best time to meet.**

Phone number is 304-472-0514.

WEDNESDAY STUDY GROUP uses the Small Group process of beginning each session by sharing joys and concerns in a trusted community environment and prayer. Over the past several years, the group has made its way through several bestseller books from a broad spectrum of perspectives of the Christian faith and theology. The group uses the material to spring into discussion, sharing the group's various perspectives of faith, spirituality, and life. The group is made up of a broad span of ages and benefits from various perspectives from various stages in human life. Currently, the group is making its way through Francis Chan's Crazy Love: Overwhelmed by a Relentless God. The material challenges the reader to face religious complacency by encountering and realizing God's great love for humanity and responding to God's love. **Wednesday Study Group meets each Wednesday, 7 PM in Godwin Fellowship Hall and takes a Winter Hiatus from Thanksgiving through January.**





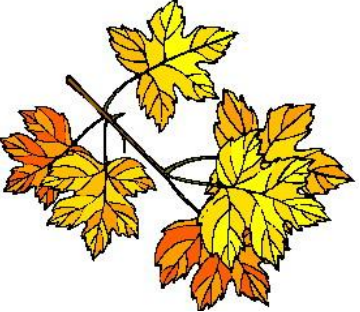
CROP WALK

SUNDAY, OCTOBER 8

MEET AT JAWBONE PARK AT 1:00 PM

CROP Hunger Walks end hunger one step at a time. You can help end the curse of hunger by gathering donations from family and friends to support the work of Church World Service. CROP Walks bring the whole community together in a common mission: helping hungry people at home and around the world. Locally, your dollars support World Hunger, the Salvation Army and Crosslines.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day + Weight Watchers - #22 5:00 pm Boy Scouts-Scout Rm 7:00 pm	2 + Early Birds - Library 7:00 am Chancel Choir 7:00 pm	3 + Exercise Group - #18E 9:00 am	4 +	5 +	6 +
7 + CHRISTIAN ED SUNDAY Sunday School 9:30 a Worship-Sanc 10:45 a Youth – 7:00 pm	8 + Exercise Group - #18E 9:00 am Weight Watchers - #22 5:00 pm 4-H Group Meeting - #24E 6:30 pm Boy Scouts-Scout Rm 7:00 pm Nurture & Witness- #21E 7 pm	9 + Early Birds - Library 7:00 am Chancel Choir 7:00 pm	10 + Exercise Group - #18E 9:00 am Prayer Shawl Ministry 10:00 am Study Group-GFH 7:00 pm	11 Patriot Day +	12 + Spaghetti Dinner-GFH 5:00 pm 	13 +
14 + Sunday School 9:30 a Worship-Sanc 10:45 a	15 + Exercise Group - #18E 9:00 am Weight Watchers - #22 5:00 pm Outreach - #21E 6pm Boy Scouts- 7:00 pm Cubs-GFH 7:00 pm PPR-Lib 7:00 pm	16 + Early Birds - Library 7:00 am Chancel Choir 7:00 pm	17 + Exercise Group - #18E 9:00 am Circle 1 - Fleming 9:30 am Circle 3-4-Fleming 1:30 pm Study Group-GFH 7:00 pm	18 + District Meeting-Sanc & GFH 8:00 am - 9:00 am Arts Alliance-Lib 6:30 pm	19 +	20 +
21 + United Methodist Men-GFH 8:00 am Sunday School 9:30 a Worship-Sanc 10:45 a Micah Meal - GFH 12:00 pm Youth – 7:00 pm	22 + Exercise Group - #18E 9:00 am Weight Watchers - #22 5:00 pm Finance-Lib 6:00 pm Boy Scouts-7:00 pm	23 + Early Birds - Library 7:00 am Chancel Choir 7:00 pm	24 + Exercise Group - #18E 9:00 am Study Group-GFH 7:00 pm	25 +	26 +	27 + 
28 + Sunday School 9:30 a Worship-Sanc 10:45 a	29 + Exercise Group - #18E 9:00 am Weight Watchers - #22 5:00 pm Boy Scouts- 7:00 pm	30 + Early Birds - Library 7:00 am Chancel Choir 7:00 pm				



SEPTEMBER CELEBRATIONS



- 1** Jeremy Martin
Mikenze Poling
- 3** Tommy Darnall
- 5** Madison Green
- 6** Nancy Hasbrouck
- 8** Tucker Cabrera
- 10** Marvin Carr

- 11** Marty Kelley
- 13** Gary Summers
- 15** Brenda Williams
- 16** Tina Horstman
- 17** Phil Loftis
Margaret Miller
Robert Allman

- 21** Phil Petrosky
- 22** Ellen Nickell
- 23** Herbert Coston
Brian Wachob
- 24** Frank Ellis
Jessica Hunter
Jeannie Wiest

- 25** Rebekah Wilkerson
Rob Rupp
Lynn Rupp
Joyce Hoover
- 26** Kathy St. Clair
Evelyn Harkins