

The Newsletter of First United Methodist Church, Buckhannon WV

52 S. Florida St. Buckhannon, WV 26201 304-472-9494

fumc26201@gmail.com

www.firstchurchum.com

SPECIAL PROGRAM

Sunday, April 8 at 4 pm God's Hope and Healing: Surviving the Storm of Teen Depression Presented by REV. DR. GARY E. NELSON, **Pastor of Cross Lanes UMC**

Depression is one of the top killers of teens. Dr. Nelson is a pastoral counselor and pastor with over 40 years of experience working with teens and families. His son suffered through depression and anxiety as a teen. Dr. Nelson used his son's story to talk about teen depression in his book, A Relentless Hope: Surviving the Storm of Teen Depression. In this seminar Dr. Nelson will dialogue about teen depression – what it looks like on the outside and inside, help for those teens suffering from depression, and help for those walking the journey with the teens. God can heal!

All are welcome and invited to attend this special seminar at First UMC.

For more info, go to www.survivingteendepression.com



April Micah Meal Benefits PROJECT GRADUATION!

Sunday, April 15

12 noon after worship in Godwin Hall We'll be honoring our 2018 Seniors!

Jaws BBQ and Celebration Cake provided Bring a large salad or side dish to share.

> (No salad dressings are needed there are plenty in the fridge.)

Donations benefitB-UHS Project Graduation

Congratulations to our Seniors!

- Sean Crites, Buckhannon-Upshur High School
- Alex Edwards, Buckhannon-Upshur High School
- Matt Atkins, West Virginia University
- Angie Botzet, West Virginia Wesleyan College
- Emily Godwin, UNC Chapel Hill
- Tyler Broadwater, WVWC
- Savana Earnest, WVWC
- Sarah Fizer, WVWC
- Alea Hess, WVWC
- Mark Leadingham, WVWC
- Collin Nelson, WVWC



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Easter Sunday + Sunday School 9:30am Worship - Sanctuary 10:40am	Easter Monday - OFFICE CLOSED Exercise Group - #18E 9:00am Boy Scouts - Scout Room 7:00pm	Early Birds - Library 8:00am Chancel Choir - GFH 7:00pm	Exercise Group - #18E 9:00am Study Group - GFH 7:00pm	5 + Orchestra - #24 6:00pm	Api	+ 7 + + + + + + + + + + + + + + + + + +	
Gary Nelson - Teen Depression - GFH - Evening Sunday School 9:30am Worship - Sanctuary 10:40am	Exercise Group - #18E 9:00am Boy Scouts - Scout Room 7:00pm	Early Birds - Library 8:00am Chancel Choir - GFH 7:00pm	Exercise Group - #18E 9:00am Upshur Arts Alliance - #21E 6:00pm Study Group - GFH 7:00pm	Orchestra - #24 6:00pm		Cheryl Reger Sorority - GFH 9:00am Casto Party - GFH 3:00pm	
United Methodist Men - GFH 8:00am Sunday School 9:30am Worship - Sanctuary 10:40am Micah Meal - GFH 12:00pm	Exercise Group - #18E 9:00am Boy Scouts - Scout Room 7:00pm	Early Birds - Library 8:00am Chancel Choir - GFH 7:00pm	Exercise Group - #18E 9:00am Morning Circle - Fleming-9:30 Afternoon Circle - Fleming 1:30pm UMW Comm - Lib 6:00pm Study Group - GFH 7:00pm	19 + Orchestra - #24 6:00pm	20	+ 21 +	
Sunday School 9:30am Worship - Sanctuary 10:40am	Exercise Group - #18E 9:00am Boy Scouts - Scout Room 7:00pm	Early Birds - Library 8:00am Headstart - #21E 6:00pm Chancel Choir - GFH 7:00pm	Exercise Group - #18E 9:00am Study Group - GFH 7:00pm	UMW Exec - Lib. 4:30pm Orchestra - #24 6:00pm	27	+ 28 + Scrapbooking - GFH 10:00am	
Sunday School 9:30am Basement Sale Worship - Setup - 8:00am Sanctuary Exercise 9:00am 10:40am Boy Scouts - pm			APRIL USHERS Nate Kennedy (head), Yvonne Foster, Marty Kelley, Mac McGraw APRIL GREETERS				
BIRTHDAYS! 1 Tammy Crites 16 Emily Godwin Pat Hoover 19 Marje Richter 2 Jeff McDowell Jane Martin 3 Sue Karickhoff 20 Carolyn Crozier Mikeala Poling 22 Ian Crozier			April 1 Lewis & Diana Simmons April 8 Jeff & Sandy McDowell April 15 Sandra McCutcheon, Herb Coston April 22 David & Karen Cartwright April 29 John & Lora Mathias APRIL ACOLYTES				
11 Mary Lynn Sham12 Bill Thurman13 Hadley Spencer14 Thom Keely15 Mary Lou Fox	28 Kristi Wi 29 Lilly Spe			pril 1 Tori Adams & Ava Lantz pril 8 Evan McDowell & Andrew McDowell pril 15 Clay Lantz & Mason Lantz pril 22 Hannah Boyles & Rebekah Wilkerson pril 29 Tori Adams & Ava Lantz			





APRIL is "PEANUT BUTTER AND JELLY" Month, the monthly collection for the Parish House & sponsored by the Micah Outreach Ministry Team. Please leave your gift in Linger Hall on Sunday or leave at the church office.



FUMC will provide lunch at the Parish House for "Food for Thought" on Friday, April 6. Contact Sandra Presar at 304-472-6012 if you are available to help and/or provide food.

Parish Appreciation Dinner

Tuesday, April 3 6:00 pm Chapel Hill UMC

All those who support and donate to the ministries of the Parish House are invited to this appreciation dinner. RSVP to Marvin Carr at carr@wvwc.edu or 304-472-4978.

We hope you can join us!

Thank You...

to everyone who supported the Kairos Prison Ministry. FUMC provided 70 dozen cookies plus cakes and pies for their event.

MARY YOUR CALENDARS!

April Meetings:

- Nurture at the 88 Restaurant 6 pm, April 9
- Witness at the 88 Restaurant, 7 pm, April 9
- Outreach at FUMC Room #21, 6 pm, April 16

MID HIGH NEWS

Mid-High Youth say THANK YOU!



First UMC sent a donation of \$420 to Heifer International. These gifts were received from Christmas Dinner donations and funds raised through the Gingerbread House project. The children and youth raised over \$90 with their gingerbread houses! The Mid-High Youth selected one pig and one gift of clean water as their "purchase" from Heifer. We appreciate your support!

MID-HIGH YOUTH GROUP

All 5th to 8th Graders are invited to Mid-High Youth Group – April 15 and April 29 6 – 7:15 pm in the youth room

Supper included!



Mid High Youth-Crazy Fun!



UNITED METHODIST WOMEN

United Methodist Women and others in our congregation assisted both Kairos Prison Ministry and Women's Aid in Crisis during March. A key component of the UMW Purpose is mission, so we were right on target!

Kairos Prison Ministry used 70 dozen cookies we donated plus over 1000 dozen others to distribute one dozen cookies to each prisoner at Huttonsville Correctional Center. This was part of a weekend event held there by volunteers. The inmates who attend the 4 days get to eat non-prison food as they learn about Christianity. Studies nationwide show this ministry is highly effective. Kairos is always seeking additional lay and clergy volunteers.

Evening Circle collected travel size toiletries to fill personal hygiene kits for Women's Aid in Crisis. Wilson Matrino Dental donated



Cookies for Kairos



toothbrushes and toothpaste, and members donated soap, shampoo, conditioner, and lotion. Thirty-five kits were delivered for use when women or men suddenly find themselves needing shelter.

Sara Aylestock Gaither provided our March meeting about her work as a counselor at the Elkins Children's Home, a long term co-ed residential facility for youth grades 6-12 run by the WV State Department of Education. The April program on Thursday, April 5, 7 pm, will be given by Mary McCartney, director of WV Hospice. All are welcome to attend.

In 2014 the United Methodist Women's organization began a "Be Just Be Green" campaign on the national level "to take their commitment to environmental and social justice to the next level." (unitedmethodistwomen.org) Here at FUMC our church has made some steps to be greener such as recycling and encouraging us to turn lights off.

This local unit of UMW would like to challenge all church members to go a step further to help the environment by not using any plastic bottles in April.

We realize this may be an adjustment for many, but we want to motivate you to find other options such as reusable containers or paper which is biodegradable. Take selfies or pictures of others employing reusable containers and post them on social media including the FUMC Facebook page or our new UMW page with the tag,

"Be Just, Be Green."

FUTURE DATES:

March 29 – Executive Board Meeting, Library, 4:30 pm

April 5 – Unit Meeting, Fellowship Hall, 7 pm

April 12-15 - Spiritual Growth Retreat, Cedar Lakes

April 28 - Spring District Meeting, Bridgeport

May 1 - Basement Sale



Evening Circle assembles toiletries bags



MICAH OUTREACH EVENTS

Coming Soon:

May Micah Meal benefits Celebration of Mission Event (COME).

Stay after worship for a covered dish luncheon in Godwin Hall on May 6. Bring a covered dish to share. Salad dressings are available.

Dessert & More Auction May 6!

The Micah Outreach Team will host a dessert (and more!) auction on May 6 in Godwin Fellowship Hall in conjunction with the May Micah Meal. All funds benefit C.O.M.E. – Celebration of Mission Event.

GROW TEAM EVENT

Want to learn more about the Grow Team and Reaching New People initiative?

Join us for a "tune-up" meeting with our consultant/coach Paul Nickerson
Sunday, April 22
Time TBA
FUMC – Godwin Fellowship Hall
Let Kristi know if you plan to attend.

WITNESS EVENT



CHURCH NIGHT OUT

Good food and fellowship with church family members!

Thursday, April 12 at 6 pm At Butera's Restaurant at the Country Club

UNITED METHODIST WOMEN 12-HOUR BASEMENT SALE



Set-up on Mon., April 30th, 8am -? Selling on Tues., May 1st, 8am - 8pm

It's magic! The United Methodist Women can turn your unwanted STUFF into MONEY to support missions! Bring your clean used clothing, household items, knick-knacks, toys, etc., to the church any time after Monday, April 23rd.



Congratulations to **Carrie Wallace** – Chamber of Commerce Business Woman of the Year!



You're Invited! WVU Wind Symphony with Sebastian Reger ~ April 24 7:30 pm WVU Creative Arts Center



Getting to Know You - Greg and Pat Kennedy



We are the parents of two children. Our daughter, Melissa Ringel, lives in McKinney, Texas and is married to Ken and they are the parents of Caroline, a freshman at WVWC, and Eli, a budding percussionist who is in eighth grade at Dowell Middle School. Our son, Adam, lives in Washington, DC with his wife Christine and their daughter Aziza who is a fourth grader at the National Presbyterian School. We are both from Clendenin, WV and Greg is a graduate of WVU. He spent 34 years as a High School Band Director with 9 years at Petersburg High School and 25 years at BU. Pat worked at the Board of Education for 34 years in finance. Our major activity is the Order of Eastern Star where Pat is a Past Grand Matron and Greg is a Past Grand Patron for the State of WV.

First Church is important to us for continued spiritual growth and as an extended family.

Greg's special church memory is being in Bogo Young's Sunday School Class of about 15 boys and continually memorizing Bible verses for him and later being part of a very active MYF at the First Methodist Church in Clendenin.

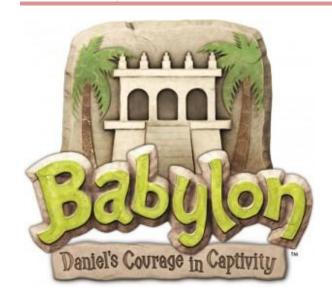
Each of us has a special Bible verse that we feel describes our feeling about life.

Pat - Isaiah 40:31-32 But they that wait upon the Lord shall renew their strength. They shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

Greg - Ecclesiastes 3:1-2: 4 For everything there is a season, and a time for every purpose under heaven; a time to be born and a time to die; a time to plant and a time to pluck up what is planted... a time to weep, and a time to laugh; a time to mourn, and a time to dance.

Pat's favorite hymn is "Amazing Grace" and Greg's favorite hymn is "Hymn of Promise". Both hymns are favorites because they are great reminders of life after death and the assurance of a brighter tomorrow.

Something that people may not know about Pat is that she is a college basketball fanatic - any team that happens to be on television at that moment but especially WVU. Something people may not know about Greg is that his first name is actually Gordon.



Can You Help?

2018 Vacation Bible School:

Babylon - Daniel's Courage in Captivity!

June 24 - 28 ~ 6 - 8 pm

Kids' supper beforehand at 5:30 pm

Let Kristi know if you are available to help!



Outdoor Worship and BBQ at Annual Conference



All United Methodists in our region are invited to a special outdoor worship service and BBQ during WV UMC Annual Conference.

Friday, June 8

Free and open to all

Bring a lawn chair or blanket.

Mark your calendar and save the date – more details coming soon.

HELP COMBAT HUNGER!

RUN LIKE A FOOL 5K

-because we don't fool around with hunger! When: Saturday, April 7th at 11:00 am

Where: Buckhannon River Walk (registration)

Contact: Upshur County FRN at upshurfrn@yahoo.com or 304.473.1051
\$25/\$20 children under 12

The Rotary Club of Buckhannon

Spring BLOODSCREENING

Saturday, April 21st
& Saturday April 28th
B-U Middle school
And Tri-County Health Clinic
6:30 am until 10:00 am

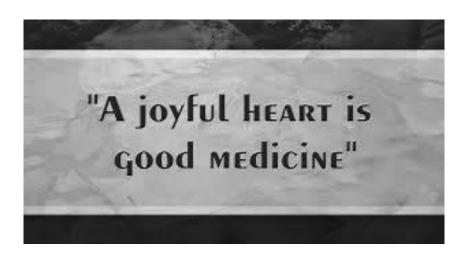
No Appointments Necessary

Fasting for 12 hours is required

Cash or personal check accepted

Test results mailed to your home

or your physician



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